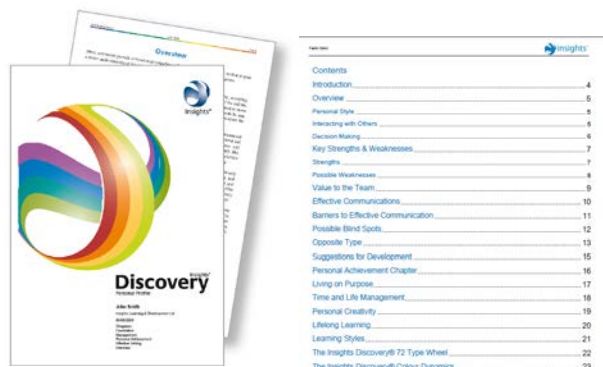
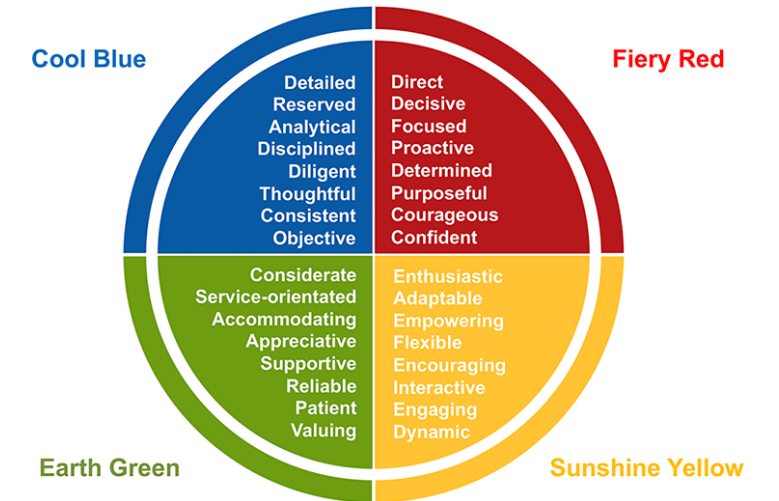


Insights Discovery

What is Insights Discovery?

An enabler of self awareness and a great first start for the students. It is a psychometric tool based on the psychology of Carl Jung, Insights Discovery is built to help people understand themselves, understand others, and make the most of the relationships that affect them in everyday life including school and workplace.

The Insights Discovery methodology uses a simple and memorable four colour model to help people understand their style, their strengths and the value they bring to the team. We call these the colour energies, and it's the unique mix of Fiery Red, Sunshine Yellow, Earth Green and Cool Blue energies, which determines how and why people behave the way they do.



The Outcomes:

1

Individuals understand their and others' preferences in how they approach tasks and communicate

2

They can connect better with colleagues to improve collaboration

3

They have a common language to help them overcome challenges and conflict and positive strengths highlighted in an **personalised report** to include on their CVs, Personal statements and use in interviews

Bridge to Employment
Johnson & Johnson
High Wycombe

